



## Utah Community Resources

La Leche League of Utah  
801-264-LOVE  
[www.llusa.org/UT](http://www.llusa.org/UT)

Pregnancy Riskline (Medication Questions)

1-800-822-BABY  
801-328-2229

### Salt Lake County

#### Hospitals/Clinics

Alpine Medical Group  
1060 South 100 East  
Salt Lake City, UT 84102  
(801)595-8899

- Lactation consultations by MD, IBCLC
- Phone consults for established patients only
- Ameda Pump rentals

Altaview Hospital  
9660 South 1300 East  
Sandy, UT 84094  
(801)501-2600 main number

- Breastfeeding classes
- Inpatient BF counseling available

LDS Hospital IHC  
325 8<sup>th</sup> Avenue  
Salt Lake City, UT 84103  
(801)507-7731 Childbirth Education  
*Prenatal class with BF, \$55/couple*  
*BF Class 4<sup>th</sup> Monday of each month \$20*

- Inpatient counseling
- Pump kits available
- "Rooming in" encouraged
- IBCLC on staff

Intermountain Medical Center IHC  
5121 Cottonwood Street  
Murray, UT 84157  
(801)507-7000 Main number  
(801)507-7661 Lactation Coordinator

- Breastfeeding classes
- Inpatient BF assistance

Jordan Valley Medical Center IASIS  
3580 West 9000 South  
West Jordan, UT 84088  
(801)561-8888

- Breastfeeding classes taught by IBCLC
- Inpatient BF assistance and call-in Qs
- Pump kits available

Pioneer Valley Hospital  
3460 S Pioneer Parkway  
West Valley City, UT 84120  
(801)964-3460 Women's Services

- Inpatient BF assistance

Primary Children's Medical Center IHC  
100 Mario Capecchi Drive  
Salt Lake City, UT 84113  
(801)662-1000 Main Number  
(801)662-3686 Lactation Consultant  
*IBCLC inpatient BF assistance*

St. Mark's Hospital MSH  
1200 East 3900 South  
Salt Lake City, UT 84124  
(801)743-6616 Lactation Services  
(801)268-7940 Class sign-up

- Breastfeeding classes
- Breastfeeding follow-up

Salt Lake Regional Medical Center IASIS  
1050 East South Temple  
Salt Lake City, UT 84102  
(801)350-4111

- Breastfeeding class taught by an IBCLC
- Inpatient BF assistance
- Pump rental, supplies through pharmacy
- IBCLC on staff

Teen Mother & Child Program  
University of Utah  
3690 South Main Street  
Salt Lake City, UT 84115  
(801)468-3278

University Hospital  
50 North Medical Drive

Salt Lake City, UT 84132  
(801)581-2121 ask for lactation services  
(801)581-2328 perinatal education  
"Baby-Friendly" Hospital designation  
IBCLC care award

- Breastfeeding classes
- Inpatient and out-patient BF assistance
- Inpatient pumps provided
- Pump rentals (Medela) for out-patient
- IBCLC on staff

University Hospital Outpatient Lactation Services  
Clinic 6, University of Utah Hospital (main floor)  
50 North Medical Drive  
Salt Lake City, UT 84132  
(801)581-2205  
*Appointments available: Mon, Tues, Thurs 3:30 pm-5 pm, Fridays 10:00 am-1 pm*  
*\$40/visit, IBCLC certified staff*

### WIC Clinics

610 South 200 East, Ste. 111  
Salt Lake City, UT 84111  
(801)534-4629

3690 South Main Street  
Salt Lake City, UT 84115  
(801)468-3500

1625 West 700 North  
Salt Lake City, UT 84116  
(801)322-0502

9340 South 700 East  
Sandy, UT 84070  
(801)256-1978

1740 West 7800 South  
West Jordan, UT 84088  
(801)569-4360

4535 South 5600 West  
West Valley City, UT 84120  
(801)963-7306

### Pump Rentals/Breastfeeding Supplies

A Baby's Choice Lactation (ABC Lactation)  
1508 East Mountain Manner (7280 South)  
Cottonwood Heights, UT 84121  
(801)680-6455  
[www.abclactation.com](http://www.abclactation.com)

- Breastfeeding supplies
- Ameda and Medela pump rentals
- Breastfeeding classes
- IBCLC consultations available

Tender Lactation Care  
8046 South Laguna Drive  
West Jordan, UT 84088  
(801)561-4516

- Breastfeeding supplies available
- Ameda and Medela pump rentals
- IBCLC consultation appointments available

Birth & Breastfeeding Solutions  
South Jordan, Utah  
(801)608-8947  
[birthandbreastfeeding@inbox.com](mailto:birthandbreastfeeding@inbox.com)  
[www.birthandbreastfeedingsolutions.com](http://www.birthandbreastfeedingsolutions.com)

- Ameda and Medela pump retailer
- IBCLC consultations available

L.A.C.E. by Louise  
2762 W 12600 S, Suite 3  
Riverton, UT 84065  
(801)878-1990  
[www.lacebylouise.com](http://www.lacebylouise.com)  
*Ameda and Medela pump rentals*

Lactation Plus  
794 West Spanish Oak Way (6160 South)  
Murray, UT 84123  
(801)281-1881  
[www.lactationplus.com](http://www.lactationplus.com)  
*Medela and Ameda pump rentals/retailer*

Lactation Station  
3142 South Highland Drive  
Salt Lake City, UT 84106  
(801)467-3434  
[www.lactationstation.com](http://www.lactationstation.com)

- Medela pump rentals
- Breastfeeding supplies

- IBCLC consultation appointments available

Deseret Medical  
560 West Fine Drive  
Salt Lake City, UT 84115  
(801)270-8440  
*Medela pump rentals, will deliver*

IHC Home Care  
2250 South 1300 West  
Salt Lake City, UT 84119  
(801)887-7320  
*Ameda Medela and pump rentals, will deliver*

Medical Center Pharmacy  
1050 E South Temple  
Salt Lake City, UT 84102  
(801)350-8140  
*Medela Pump Rentals*

Apria Healthcare  
1555 West 2200 South  
Salt Lake City, UT 84119  
(801)972-5353  
*Rents Medela pumps*

### **Other Local Resources**

La Leche League of Murray  
<http://llofmurray.blogspot.com/>

La Leche League of Salt Lake City  
<http://llofslc.wordpress.com/breastfeedingslc@gmail.com>

La Leche League of Sandy  
<http://www.llofsandy.blogspot.com/LLofSandy@gmail.com>

## **Breastfeeding Information Websites**

### **Breastfeeding Help & Support**

Choosing a Baby-Friendly Birthing Facility -  
[www.babyfriendlyusa.org/](http://www.babyfriendlyusa.org/)

Find a Lactation Consultant -  
[www.ilca.org/i4a/pages/index.cfm?pageid=3337](http://www.ilca.org/i4a/pages/index.cfm?pageid=3337)

Utah Breastfeeding Coalition -  
[www.utahbreastfeeding.org/](http://www.utahbreastfeeding.org/)

### **General Information**

American Academy of Family Physicians (AAFP) -  
<http://familydoctor.org/online/famdocen/home/women/pregnancy/birth/019.html>

American Academy of Pediatrics (AAP) -  
[www.aap.org/breastfeeding/familiesLanding.html](http://www.aap.org/breastfeeding/familiesLanding.html)

National Women's Health Information Center -  
[www.womenshealth.gov/breastfeeding](http://www.womenshealth.gov/breastfeeding)

International Breastfeeding Centre -  
[www.drjacknewman.com/](http://www.drjacknewman.com/)

Kellymom Breastfeeding & Parenting -  
[www.kellymom.com/](http://www.kellymom.com/)

### **Other Breastfeeding Topics**

Adoptive Breastfeeding - [www.fourfriends.com/abrw/](http://www.fourfriends.com/abrw/)

Breastfeeding after Reduction - [www.bfar.org](http://www.bfar.org)

Breastfeeding and Working -  
[www.workandpump.com/](http://www.workandpump.com/)

Donor Milk - [www.hmbana.org](http://www.hmbana.org)