



Utah Community Resources

La Leche League of Utah
801-264-LOVE
www.llusa.org/UT

Pregnancy Riskline (Medication Questions)
1-800-822-BABY
801-328-2229

Weber and Morgan Counties

Hospitals/Clinics

McKay Dee Hospital IHC
4401 Harrison Boulevard
Ogden, UT 84403
(801)387-2800
(801)387-4132 Breastfeeding Matters Clinic
(801)387-4128 Retail Store
Lactation Consultations Daily 8-2
Breastfeeding classes \$15

- Inpatient breastfeeding consults
- Outpatient consults by appointment
- Breastfeeding supplies
- Ameda and Medela pump rentals

Ogden Regional Medical Center MSH
5475 south 500 East
Ogden, UT 84405
(801)479-2684 Lactation Services
(801)479-2600 Breastfeeding classes
Breastfeeding classes 1st Tuesday of each month, \$20/couple

- Breastfeeding classes taught by an IBCLC
- Inpatient BF assistance

WIC Clinics

236 East Young Street
Morgan, UT 84050
(801)829-4275

477 23rd Street
Ogden, UT 84401jkbhc
630 East Medical Drive
Bountiful, UT 84010

(801)299-2200 Main number
(801)299-2247 Lactation hotline

- Inpatient breastfeeding support services
- Outpatient BF support services

Hill Air Force Base
75th Medical Group/SGA
7321 Balmer Street Bldg. 570
Hill Air Force Base, UT 84056
(801)728-2600

- Prenatal classes with BF component
- Lactation telephone consults

Davis Hospital & Medical Center IASIS
1600 West Antelope Drive
Layton, UT 84041
(801)807-1000
(801)807-7446 Lactation

- Breastfeeding classes
- Inpatient BF assistance, call-in questions
- IBCLC on staff
- Outpatient follow-up by appointment

WIC Clinics

140 East Center Street, Rm. 52
Clearfield, UT 84015
(801)773-8834

596 West 750 South
Woods Cross, UT 84010
(801)292-7803

Peer Counselors
(801)645-6538

Pump Rentals/Breastfeeding Supplies

L.A.C.E. by Louise
344 south 500 West, Ste. 2
Bountiful, UT 84010
(801)294-5223
www.lacebylouise.com
Ameda and Medela pump rentals

Professional Plaza Pharmacy
2065 Robins Drive
Layton, UT 84041
(801)773-3863

Ameda pump rentals

Lactation Educators

Amy Ihrig (801)773-2503

Marinda Lloyd (801)548-2917

Other Local Resources

Family Connection Center (801)773-0712

Layton MOMS Club (801)726-3958

Honeybump Maternity

1155 N Main St Suite 4

Layton, UT 84041

(801)444-0900

Breastfeeding classes

La Leche League of Weber/Davis

<http://www.llusa.org/UT/WeberDavis>

Breastfeeding Information Websites

Breastfeeding Help & Support

Choosing a Baby-Friendly Birthing Facility -

www.babyfriendlyusa.org/

Find a Lactation Consultant -

www.ilca.org/i4a/pages/index.cfm?pageid=3337

Utah Breastfeeding Coalition -

www.utahbreastfeeding.org/

General Information

American Academy of Family Physicians (AAFP) -

<http://familydoctor.org/online/famdocen/home/women>

[/pregnancy/birth/019.html](http://familydoctor.org/online/famdocen/home/women/pregnancy/birth/019.html)

American Academy of Pediatrics (AAP) -

www.aap.org/breastfeeding/familiesLanding.html

National Women's Health Information Center -

www.womenshealth.gov/breastfeeding

International Breastfeeding Centre -

www.drjacknewman.com/

Kellymom Breastfeeding & Parenting -

www.kellymom.com/

Other Breastfeeding Topics

Adoptive Breastfeeding - www.fourfriends.com/abrw/

Breastfeeding after Reduction - www.bfar.org

Breastfeeding and Working -

www.workandpump.com/

Donor Milk - www.hmbana.org